

January 2019

Earl Heck Community Center
201 North Main Street, Englewood, Ohio 45322 937-836-5929

Open to the Community
Monday – Friday 9:00 a.m. – 5:00 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
	1 New Year's Day Center Closed	2 9:00 Senior Fitness/Low Impact 10:15 Mom & Tots 1:00 Open Quilting Time 1:00 Bingo 6:00 Yoga 6:30 Aerobics	3 9:00 Pilates 9:30 Weight Watchers 10:00 Knitting/Crocheting Social Hour 12:15 Bridge 1:00 Euchre 1:00 Jewelry Making Club 5:00 Gymnastics 5:30 Beginner Karate 6:00 Circuit Training 7:00 Gymnastics 7:00 Advanced Karate	4 10:00 Bridge (Private Group) 12:15 Pinochle	<p><i>Line Dancing classes are offered at the Earl Heck Community Center on Monday mornings. A beginner line dancing class is held at 10:00 a.m. followed by an intermediate class at 11:15 a.m. For more information, call Rose at 233-6247.</i></p> <p><i>Senior Fitness & Pilates classes are offered at the Earl Heck Community Center. Seniors with the Silver Sneakers plan may take these classes for free! For more info, please call Kristy at 698-5182.</i></p> <p><i>Mom and Tots classes are offered at the Earl Heck Center on Wednesday mornings. This is an organized playgroup with different activities designed to help improve social skills, balance and hand-eye coordination. For walking age – 3. For more info, please contact Kristy at 698-5182.</i></p> <p><i>Fun Trivia for Seniors is held every 3rd Wednesday of the month at 11:00 a.m. This is just for fun and not a competitive event. Test your knowledge and reminisce about the past at the same time.</i></p> <p><i>Movie Days for seniors are held at the Earl Heck Community Center every 2nd and 4th Monday at 12:30 p.m.</i> January Movies: <i>Jan. 14 – The Odd Couple</i> <i>Jan. 28 – Support Your Local Sheriff</i></p>
7 9:00 Senior Fitness/Low Impact 10:00 Line Dancing 10:00 Coupon Club 11:15 Intermediate Line Dancing 12:00 Bridge (Private Group) 1:00 Euchre/Pinochle 6:00 Pilates 6:30 Aerobics 7:00 Gymnastics 7:45 Private Gymnastics	8 10:00 Knitting/Crocheting Social Hour 11:00 Karaoke for Seniors 12:15 Hot Dog Lunch (Cottages of Clayton) 1:00 Bingo 5:30 Euchre Night for Seniors 7:00 Englewood Civic Band Practice	9 9:00 Senior Fitness/Low Impact 10:15 Mom & Tots 1:00 Open Quilting Time 1:00 Bingo 6:00 Yoga 6:30 Aerobics	10 9:00 Pilates 9:30 Weight Watchers 10:00 Knitting/Crocheting Social Hour 12:15 Bridge 1:00 Euchre 1:00 Jewelry Making Club 5:00 Gymnastics 5:30 Beginner Karate 6:00 Circuit Training 7:00 Gymnastics 7:00 Advanced Karate	11 12:00 Noon Englewood Senior Citizens Club Carry-In Lunch for club members. Desserts provided by Mill Ridge Village. 12:15 Pinochle 1:00 Bingo	
14 9:00 Senior Fitness/Low Impact 10:00 Line Dancing 11:15 Intermediate Line Dancing 12:00 Bridge (Private Group) 12:30 Movie Day (The Odd Couple) 1:00 Euchre/Pinochle 5:15 Tumbling 6:00 Pilates 6:30 Aerobics 7:00 Gymnastics 7:45 Private Gymnastics	15 10:00 Knitting/Crocheting Social Hour 11:00 Fun Trivia for Seniors 12:30 Monthly Senior Birthday Celebration/Cupcakes (Sponsored by Cottages of Clayton) 1:00 Bingo 5:30 Euchre Night for Seniors 7:00 Englewood Civic Band Practice	16 9:00 Senior Fitness/Low Impact 10:15 Mom & Tots 1:00 Bingo (Snacks provided by Capital Health) 1:00 Open Quilting Time 6:00 Yoga 6:30 Aerobics	17 9:00 Pilates 9:30 Weight Watchers 10:00 Knitting/Crocheting Social Hour 12:15 Bridge 1:00 Euchre 1:00 Jewelry Making Club 5:00 Gymnastics 5:30 Beginner Karate 6:00 Circuit Training 7:00 Gymnastics 7:00 Advanced Karate	18 10:00 Bridge (Private Group) 12:15 Pinochle	
21 Martin Luther King Jr. Day Center Closed	22 10:00 Knitting/Crocheting Social Hour 11:00 Penny Auction (Cottages of Clayton) 1:00 Bingo 5:30 Euchre Night for Seniors 7:00 Englewood Civic Band Practice	23 9:00 Senior Fitness/Low Impact 10:15 Mom & Tots 1:00 Bingo (Snacks provided by Sienna Woods) 1:00 Open Quilting Time 6:00 Yoga 6:30 Aerobics	24 9:00 Pilates 9:30 Weight Watchers 10:00 Knitting/Crocheting Social Hour 12:15 Bridge 1:00 Euchre 1:00 Jewelry Making Club 5:00 Gymnastics 5:30 Beginner Karate 6:00 Circuit Training 7:00 Gymnastics 7:00 Advanced Karate	25 10:45 Eng. Senior Club Board Meeting 11:30 Englewood Senior Citizens Club Business Meeting for members only 12:00 Englewood Senior Citizens Club Pizza Lunch for club members. Pizza provided by Englewood Health & Rehab 12:15 Pinochle 1:00 Bingo	
28 9:00 Senior Fitness/Low Impact 10:00 Line Dancing 11:15 Intermediate Line Dancing 12:00 Bridge (Private Group) 12:30 Movie Day (Support your local Sheriff) 1:00 Euchre/Pinochle 5:15 Tumbling 6:00 Pilates 6:30 Aerobics 7:00 Gymnastics 7:45 Private Gymnastics	29 10:00 Knitting/Crocheting Social Hour 11:00 Desserts & Discussion (Home Instead) 1:00 Bingo 5:30 Euchre Night for Seniors 7:00 Englewood Civic Band Practice	30 9:00 Senior Fitness/Low Impact 10:15 Mom & Tots 1:00 Bingo 1:00 Open Quilting Time 6:00 Yoga 6:30 Aerobics	31 9:00 Pilates 9:30 Weight Watchers 10:00 Knitting/Crocheting Social Hour 12:15 Bridge 1:00 Euchre 1:00 Jewelry Making Club 5:00 Gymnastics 5:30 Beginner Karate 6:00 Circuit Training 7:00 Gymnastics 7:00 Advanced Karate	* For that meeting or special occasion. . . . consider renting the Heck Center!	